

Grille Championnats de Ligue Juniors et +

Temps en bassin de 50m							Temps convertis en Bassin de 25m						
DAMES	Seniors et +	U18	U17	U16	U15	U14	DAMES	Seniors et +	U18	U17	U16	U15	U14
	2007 et -	2008	2009	2010	2011	2012		2007 et -	2008	2009	2010	2011	2012
	19 ans et +	18 ans	17 ans	16 ans	15 ans	14 ans		19 ans et +	18 ans	17 ans	16 ans	15 ans	14 ans
50 m NL	00:29,00	00:29,15	00:29,42	00:29,93	00:29,98	00:30,75	50 m NL	00:28,30	00:28,45	00:28,72	00:29,23	00:29,28	00:30,05
100 m NL	01:02,21	01:02,53	01:03,13	01:04,19	01:04,59	01:06,11	100 m NL	01:01,01	01:01,33	01:01,93	01:02,99	01:03,39	01:04,91
200 m NL	02:15,86	02:16,55	02:17,83	02:20,28	02:21,08	02:24,51	200 m NL	02:12,96	02:13,65	02:14,93	02:17,38	02:18,18	02:21,61
400 m NL	04:45,35	04:46,80	04:48,74	04:53,85	04:56,06	05:02,94	400 m NL	04:39,15	04:40,60	04:42,54	04:47,65	04:49,86	04:56,74
800 m NL	09:59,00	09:59,00	09:59,00	10:04,00	10:10,00	10:25,00	800 m NL	09:46,10	09:46,10	09:46,10	09:51,10	09:57,10	10:12,10
1500 m NL	19:05,00	19:05,00	19:05,00	19:15,00	19:30,00	20:05,00	1500 m NL	18:40,50	18:40,50	18:40,50	18:50,50	19:05,50	19:40,50
50 m Dos	00:33,05	00:33,21	00:33,51	00:34,07	00:34,33	00:35,17	50 m Dos	00:31,75	00:31,91	00:32,21	00:32,77	00:33,03	00:33,87
100 m Dos	01:11,11	01:11,47	01:12,05	01:13,34	01:13,93	01:16,49	100 m Dos	01:08,81	01:09,17	01:09,75	01:11,04	01:11,63	01:14,19
200 m Dos	02:33,30	02:33,99	02:35,31	02:37,77	02:38,96	02:47,03	200 m Dos	02:27,90	02:28,59	02:29,91	02:32,37	02:33,56	02:41,63
50 m Brasse	00:36,53	00:36,72	00:37,01	00:37,62	00:37,93	00:38,82	50 m Brasse	00:35,83	00:36,02	00:36,31	00:36,92	00:37,23	00:38,12
100 m Brasse	01:20,49	01:20,91	01:21,70	01:22,94	01:23,41	01:25,45	100 m Brasse	01:18,59	01:19,01	01:19,80	01:21,04	01:21,51	01:23,55
200 m Brasse	02:53,00	02:53,88	02:55,29	02:58,23	02:59,20	03:04,78	200 m Brasse	02:48,50	02:49,38	02:50,79	02:53,73	02:54,70	03:00,28
50 m Papillon	00:30,74	00:30,90	00:31,16	00:31,69	00:31,92	00:32,67	50 m Papillon	00:30,14	00:30,30	00:30,56	00:31,09	00:31,32	00:32,07
100 m Papillon	01:09,75	01:10,11	01:10,76	01:11,95	01:12,52	01:14,61	100 m Papillon	01:08,35	01:08,71	01:09,36	01:10,55	01:11,12	01:13,21
200 m Papillon	02:36,32	02:37,26	02:38,17	02:41,47	02:42,80	02:50,27	200 m Papillon	02:33,02	02:33,96	02:34,87	02:38,17	02:39,50	02:46,97
200 m 4 Nages	02:35,12	02:35,91	02:37,47	02:39,97	02:41,29	02:44,74	200 m 4 Nages	02:31,72	02:32,51	02:34,07	02:36,57	02:37,89	02:41,34
400 m 4 Nages	05:28,75	05:30,44	05:33,01	05:38,69	05:40,54	05:49,29	400 m 4 Nages	05:21,25	05:22,94	05:25,51	05:31,19	05:33,04	05:41,79

Grilles Meeting Ligue "Vert"

Temps en Bassin de 50m							Temps Convertis en Bassin de 25m						
DAMES	Seniors et +	U18	U17	U16	U15	U14	DAMES	Seniors et +	U18	U17	U16	U15	U14
	2007 et -	2008	2009	2010	2011	2012		2007 et -	2008	2009	2010	2011	2012
	19 ans et +	18 ans	17 ans	16 ans	15 ans	14 ans		19 ans et +	18 ans	17 ans	16 ans	15 ans	14 ans
50 m NL	00:29,84	00:30,05	00:30,26	00:30,77	00:30,85	00:31,48	50 m NL	00:29,14	00:29,35	00:29,56	00:30,07	00:30,15	00:30,78
100 m NL	01:04,44	01:04,89	01:05,34	01:06,44	01:06,63	01:07,98	100 m NL	01:03,24	01:03,69	01:04,14	01:05,24	01:05,43	01:06,78
200 m NL	02:20,76	02:21,74	02:22,73	02:25,12	02:25,55	02:28,50	200 m NL	02:17,86	02:18,84	02:19,83	02:22,22	02:22,65	02:25,60
400 m NL	04:55,22	04:57,28	04:59,35	05:04,37	05:05,26	05:11,46	400 m NL	04:49,02	04:51,08	04:53,15	04:58,17	04:59,06	05:05,26
800 m NL	10:13,38	10:17,67	10:21,97	10:32,39	10:34,23	10:47,12	800 m NL	10:00,48	10:04,77	10:09,07	10:19,49	10:21,33	10:34,22
1500 m NL	19:33,57	19:41,78	19:50,00	20:09,95	20:13,47	20:38,12	1500 m NL	19:09,07	19:17,28	19:25,50	19:45,45	19:48,97	20:13,62
50 m Dos	00:34,00	00:34,24	00:34,48	00:35,05	00:35,16	00:35,97	50 m Dos	00:32,70	00:32,94	00:33,18	00:33,75	00:33,86	00:34,67
100 m Dos	01:13,68	01:14,19	01:14,71	01:15,96	01:16,19	01:18,40	100 m Dos	01:11,38	01:11,89	01:12,41	01:13,66	01:13,89	01:16,10
200 m Dos	02:38,27	02:39,28	02:40,49	02:43,18	02:43,65	02:52,03	200 m Dos	02:32,87	02:33,88	02:35,09	02:37,78	02:38,25	02:46,63
50 m Brasse	00:37,55	00:37,81	00:38,08	00:38,71	00:38,83	00:39,62	50 m Brasse	00:36,85	00:37,11	00:37,38	00:38,01	00:38,13	00:38,92
100 m Brasse	01:23,42	01:24,00	01:24,59	01:26,01	01:26,26	01:28,01	100 m Brasse	01:21,52	01:22,10	01:22,69	01:24,11	01:24,36	01:26,11
200 m Brasse	02:58,72	02:59,97	03:01,22	03:04,26	03:04,80	03:09,11	200 m Brasse	02:54,22	02:55,47	02:56,72	02:59,76	03:00,30	03:04,61
50 m Papillon	00:31,67	00:31,89	00:32,11	00:32,65	00:32,75	00:33,41	50 m Papillon	00:31,07	00:31,29	00:31,51	00:32,05	00:32,15	00:32,81
100 m Papillon	01:12,76	01:13,27	01:13,78	01:15,02	01:15,23	01:16,76	100 m Papillon	01:11,36	01:11,87	01:12,38	01:13,62	01:13,83	01:15,36
200 m Papillon	02:42,58	02:43,72	02:44,86	02:47,62	02:48,11	02:54,14	200 m Papillon	02:39,28	02:40,42	02:41,56	02:44,32	02:44,81	02:50,84
200 m 4 Nages	02:40,70	02:41,82	02:42,95	02:45,68	02:46,16	02:49,54	200 m 4 Nages	02:37,30	02:38,42	02:39,55	02:42,28	02:42,76	02:46,14
400 m 4 Nages	05:41,00	05:43,38	05:45,77	05:51,57	05:52,59	05:59,76	400 m 4 Nages	05:33,50	05:35,88	05:38,27	05:44,07	05:45,09	05:52,26

Grille « Meetings Ligue "Jaune"

Temps en Bassin de 50m							Temps Convertis en Bassin de 25m						
DAMES	Seniors et +	U18	U17	U16	U15	U14	DAMES	Seniors et +	U18	U17	U16	U15	U14
	2007 et -	2008	2009	2010	2011	2012		2007 et -	2008	2009	2010	2011	2012
	19 ans et +	18 ans	17 ans	16 ans	15 ans	14 ans		19 ans et +	18 ans	17 ans	16 ans	15 ans	14 ans
50 m NL	00:30,72	00:30,92	00:31,13	00:31,66	00:31,76	00:32,41	50 m NL	00:30,02	00:30,22	00:30,43	00:30,96	00:31,06	00:31,71
100 m NL	01:07,53	01:07,98	01:08,44	01:09,59	01:09,83	01:11,24	100 m NL	01:06,33	01:06,78	01:07,24	01:08,39	01:08,63	01:10,04
200 m NL	02:27,28	02:28,27	02:29,27	02:31,77	02:32,29	02:35,38	200 m NL	02:24,38	02:25,37	02:26,37	02:28,87	02:29,39	02:32,48
400 m NL	05:08,68	05:10,76	05:12,85	05:18,09	05:19,18	05:25,66	400 m NL	05:02,48	05:04,56	05:06,65	05:11,89	05:12,98	05:19,46
800 m NL	10:34,00	10:38,28	10:42,56	10:53,34	10:55,56	11:08,87	800 m NL	10:21,10	10:25,38	10:29,66	10:40,44	10:42,66	10:55,97
1500 m NL	19:58,50	20:06,59	20:14,68	20:35,05	20:39,25	21:04,42	1500 m NL	19:34,00	19:42,09	19:50,18	20:10,55	20:14,75	20:39,92
50 m Dos	00:36,00	00:36,24	00:36,49	00:37,10	00:37,22	00:37,98	50 m Dos	00:34,70	00:34,94	00:35,19	00:35,80	00:35,92	00:36,68
100 m Dos	01:17,04	01:17,56	01:18,08	01:19,39	01:19,66	01:21,28	100 m Dos	01:14,74	01:15,26	01:15,78	01:17,09	01:17,36	01:18,98
200 m Dos	02:45,31	02:46,42	02:47,54	02:50,35	02:50,93	02:57,35	200 m Dos	02:39,91	02:41,02	02:42,14	02:44,95	02:45,53	02:51,95
50 m Brasse	00:39,00	00:39,26	00:39,53	00:40,19	00:40,33	00:41,15	50 m Brasse	00:38,30	00:38,56	00:38,83	00:39,49	00:39,63	00:40,45
100 m Brasse	01:27,07	01:27,66	01:28,25	01:29,73	01:30,03	01:31,86	100 m Brasse	01:25,17	01:25,76	01:26,35	01:27,83	01:28,13	01:29,96
200 m Brasse	03:02,76	03:03,99	03:05,23	03:08,33	03:08,97	03:14,96	200 m Brasse	02:58,26	02:59,49	03:00,73	03:03,83	03:04,47	03:10,46
50 m Papillon	00:32,93	00:33,15	00:33,37	00:33,93	00:34,05	00:34,74	50 m Papillon	00:32,33	00:32,55	00:32,77	00:33,33	00:33,45	00:34,14
100 m Papillon	01:16,09	01:16,60	01:17,12	01:18,41	01:18,68	01:20,27	100 m Papillon	01:14,69	01:15,20	01:15,72	01:17,01	01:17,28	01:18,87
200 m Papillon	02:49,75	02:50,89	02:52,04	02:54,93	02:55,52	02:59,53	200 m Papillon	02:46,45	02:47,59	02:48,74	02:51,63	02:52,22	02:56,23
200 m 4 Nages	02:47,82	02:48,95	02:50,09	02:52,94	02:53,53	02:57,05	200 m 4 Nages	02:44,42	02:45,55	02:46,69	02:49,54	02:50,13	02:53,65
400 m 4 Nages	05:50,50	05:52,86	05:55,23	06:01,19	06:02,42	06:09,78	400 m 4 Nages	05:43,00	05:45,36	05:47,73	05:53,69	05:54,92	06:02,28

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Grille Championnats de Lige Juniors et +

Temps en bassin de 50m							Temps convertis en Bassin de 25m						
MESSIEURS	Seniors et +	U18	U17	U16	U15	U14	MESSIEURS	Seniors et +	U18	U17	U16	U15	U14
	2007 et -	2008	2009	2010	2011	2012		2007 et -	2008	2009	2010	2011	2012
	19 ans et +	18 ans	17 ans	16 ans	15 ans	14 ans		19 ans et +	18 ans	17 ans	16 ans	15 ans	14 ans
50 m NL	00:24,77	00:25,48	00:25,91	00:26,39	00:27,17	00:28,93	50 m NL	00:24,07	00:24,78	00:25,21	00:25,69	00:26,47	00:28,23
100 m NL	00:54,56	00:56,12	00:56,95	00:58,03	00:59,77	01:03,62	100 m NL	00:53,06	00:54,62	00:55,45	00:56,53	00:58,27	01:02,12
200 m NL	02:00,47	02:03,05	02:04,91	02:07,12	02:11,09	02:20,06	200 m NL	01:56,87	01:59,45	02:01,31	02:03,52	02:07,49	02:16,46
400 m NL	04:18,36	04:23,30	04:27,26	04:32,71	04:41,51	04:56,81	400 m NL	04:10,66	04:15,60	04:19,56	04:25,01	04:33,81	04:49,11
800 m NL	08:55,00	09:10,00	09:15,00	09:25,00	09:38,00	10:16,22	800 m NL	08:39,10	08:54,10	08:59,10	09:09,10	09:22,10	10:00,32
1500 m NL	17:35,00	17:45,00	17:55,00	18:10,00	18:25,00	19:50,00	1500 m NL	17:04,90	17:14,90	17:24,90	17:39,90	17:54,90	19:19,90
50 m Dos	00:29,17	00:30,10	00:30,55	00:31,15	00:32,10	00:34,64	50 m Dos	00:27,67	00:28,60	00:29,05	00:29,65	00:30,60	00:33,14
100 m Dos	01:02,86	01:04,30	01:05,30	01:06,56	01:08,50	01:14,66	100 m Dos	00:59,86	01:01,30	01:02,30	01:03,56	01:05,50	01:11,66
200 m Dos	02:18,42	02:21,39	02:23,29	02:26,14	02:30,50	02:41,06	200 m Dos	02:11,52	02:14,49	02:16,39	02:19,24	02:23,60	02:34,16
50 m Brasse	00:31,57	00:32,40	00:32,96	00:33,58	00:34,60	00:37,89	50 m Brasse	00:30,47	00:31,30	00:31,86	00:32,48	00:33,50	00:36,79
100 m Brasse	01:11,26	01:12,76	01:13,85	01:15,31	01:17,76	01:23,75	100 m Brasse	01:08,76	01:10,26	01:11,35	01:12,81	01:15,26	01:21,25
200 m Brasse	02:35,07	02:38,33	02:40,35	02:43,14	02:48,63	03:01,74	200 m Brasse	02:29,17	02:32,43	02:34,45	02:37,24	02:42,73	02:55,84
50 m Papillon	00:26,58	00:27,46	00:27,91	00:28,47	00:29,34	00:31,83	50 m Papillon	00:25,88	00:26,76	00:27,21	00:27,77	00:28,64	00:31,13
100 m Papillon	00:59,66	01:01,41	01:02,39	01:03,46	01:05,59	01:13,17	100 m Papillon	00:58,26	01:00,01	01:00,99	01:02,06	01:04,19	01:11,77
200 m Papillon	02:18,34	02:21,23	02:23,44	02:26,21	02:30,37	02:44,48	200 m Papillon	02:15,04	02:17,93	02:20,14	02:22,91	02:27,07	02:41,18
200 m 4 Nages	02:17,69	02:20,51	02:22,68	02:25,49	02:29,74	02:38,67	200 m 4 Nages	02:13,59	02:16,41	02:18,58	02:21,39	02:25,64	02:34,57
400 m 4 Nages	04:53,68	04:59,80	05:04,20	05:07,25	05:19,15	05:41,48	400 m 4 Nages	04:44,68	04:50,80	04:55,20	04:58,25	05:10,15	05:32,48

Grilles Meeting Lige "Vert"

Temps en Bassin de 50m							Temps Convertis en Bassin de 25m						
MESSIEURS	Seniors et +	U18	U17	U16	U15	U14	MESSIEURS	Seniors et +	U18	U17	U16	U15	U14
	2007 et -	2008	2009	2010	2011	2012		2007 et -	2008	2009	2010	2011	2012
	19 ans et +	18 ans	17 ans	16 ans	15 ans	14 ans		19 ans et +	18 ans	17 ans	16 ans	15 ans	14 ans
50 m NL	00:25,98	00:26,60	00:26,97	00:27,41	00:28,19	00:29,69	50 m NL	00:25,28	00:25,90	00:26,27	00:26,71	00:27,49	00:28,99
100 m NL	00:56,46	00:57,82	00:58,61	00:59,57	01:01,26	01:05,41	100 m NL	00:54,96	00:56,32	00:57,11	00:58,07	00:59,76	01:03,91
200 m NL	02:05,50	02:08,51	02:10,27	02:12,40	02:16,17	02:24,24	200 m NL	02:01,90	02:04,91	02:06,67	02:08,80	02:12,57	02:20,64
400 m NL	04:25,51	04:31,88	04:35,60	04:40,11	04:48,08	05:05,73	400 m NL	04:17,81	04:24,18	04:27,90	04:32,41	04:40,38	04:58,03
800 m NL	09:07,90	09:21,05	09:28,72	09:38,03	09:54,47	10:25,90	800 m NL	08:52,00	09:05,15	09:12,82	09:22,13	09:38,57	10:10,00
1500 m NL	18:01,00	18:26,94	18:42,08	19:00,46	19:32,89	20:12,50	1500 m NL	17:30,90	17:56,84	18:11,98	18:30,36	19:02,79	19:42,40
50 m Dos	00:30,89	00:31,63	00:32,06	00:32,59	00:33,52	00:35,87	50 m Dos	00:29,39	00:30,13	00:30,56	00:31,09	00:32,02	00:34,37
100 m Dos	01:05,78	01:07,36	01:08,28	01:09,40	01:11,37	01:17,73	100 m Dos	01:02,78	01:04,36	01:05,28	01:06,40	01:08,37	01:14,73
200 m Dos	02:22,66	02:26,08	02:28,08	02:30,51	02:34,79	02:46,97	200 m Dos	02:15,76	02:19,18	02:21,18	02:23,61	02:27,89	02:40,07
50 m Brasse	00:33,47	00:34,27	00:34,74	00:35,31	00:36,31	00:39,09	50 m Brasse	00:32,37	00:33,17	00:33,64	00:34,21	00:35,21	00:37,99
100 m Brasse	01:13,99	01:15,77	01:16,80	01:18,06	01:20,28	01:26,58	100 m Brasse	01:11,49	01:13,27	01:14,30	01:15,56	01:17,78	01:24,08
200 m Brasse	02:43,18	02:47,10	02:49,38	02:52,15	02:57,05	03:08,55	200 m Brasse	02:37,28	02:41,20	02:43,48	02:46,25	02:51,15	03:02,65
50 m Papillon	00:28,60	00:29,29	00:29,69	00:30,17	00:31,03	00:33,37	50 m Papillon	00:27,90	00:28,59	00:28,99	00:29,47	00:30,33	00:32,67
100 m Papillon	01:03,91	01:05,44	01:06,34	01:07,43	01:09,34	01:16,54	100 m Papillon	01:02,51	01:04,04	01:04,94	01:06,03	01:07,94	01:15,14
200 m Papillon	02:25,38	02:28,87	02:30,90	02:33,38	02:37,74	02:51,52	200 m Papillon	02:22,08	02:25,57	02:27,60	02:30,08	02:34,44	02:48,22
200 m 4 Nages	02:22,60	02:26,02	02:28,02	02:30,44	02:34,72	02:42,81	200 m 4 Nages	02:18,50	02:21,92	02:23,92	02:26,34	02:30,62	02:38,71
400 m 4 Nages	05:03,65	05:10,94	05:15,19	05:20,35	05:29,46	05:52,32	400 m 4 Nages	04:54,65	05:01,94	05:06,19	05:11,35	05:20,46	05:43,32

Grille « Meetings Lige "Jaune"

Temps en Bassin de 50m							Temps Convertis en Bassin de 25m						
MESSIEURS	Seniors et +	U18	U17	U16	U15	U14	MESSIEURS	Seniors et +	U18	U17	U16	U15	U14
	2007 et -	2008	2009	2010	2011	2012		2007 et -	2008	2009	2010	2011	2012
	19 ans et +	18 ans	17 ans	16 ans	15 ans	14 ans		19 ans et +	18 ans	17 ans	16 ans	15 ans	14 ans
50 m NL	00:26,35	00:26,98	00:27,35	00:27,80	00:28,59	00:30,61	50 m NL	00:25,65	00:26,28	00:26,65	00:27,10	00:27,89	00:29,91
100 m NL	00:58,50	00:59,90	01:00,72	01:01,72	01:03,48	01:07,43	100 m NL	00:57,00	00:58,40	00:59,22	01:00,22	01:01,98	01:05,93
200 m NL	02:11,60	02:14,76	02:16,60	02:18,84	02:22,79	02:28,70	200 m NL	02:08,00	02:11,16	02:13,00	02:15,24	02:19,19	02:25,10
400 m NL	04:42,50	04:49,28	04:53,24	04:58,04	05:06,51	05:15,19	400 m NL	04:34,80	04:41,58	04:45,54	04:50,34	04:58,81	05:07,49
800 m NL	09:40,00	09:53,90	10:02,05	10:11,90	10:29,30	10:45,26	800 m NL	09:24,10	09:38,00	09:46,15	09:56,00	10:13,40	10:29,36
1500 m NL	18:21,00	18:47,42	19:02,84	19:21,56	19:54,59	20:50,00	1500 m NL	17:50,90	18:17,32	18:32,74	18:51,46	19:24,49	20:19,90
50 m Dos	00:31,40	00:32,15	00:32,59	00:33,13	00:34,07	00:37,08	50 m Dos	00:29,90	00:30,65	00:31,09	00:31,63	00:32,57	00:35,58
100 m Dos	01:08,90	01:10,55	01:11,52	01:12,69	01:14,76	01:20,82	100 m Dos	01:05,90	01:07,55	01:08,52	01:09,69	01:11,76	01:17,82
200 m Dos	02:31,30	02:34,93	02:37,05	02:39,62	02:44,16	02:54,40	200 m Dos	02:24,40	02:28,03	02:30,15	02:32,72	02:37,26	02:47,50
50 m Brasse	00:33,99	00:34,81	00:35,28	00:35,86	00:36,88	00:40,30	50 m Brasse	00:32,89	00:33,71	00:34,18	00:34,76	00:35,78	00:39,20
100 m Brasse	01:15,90	01:17,72	01:18,78	01:20,07	01:22,35	01:29,26	100 m Brasse	01:13,40	01:15,22	01:16,28	01:17,57	01:19,85	01:26,76
200 m Brasse	02:48,90	02:52,95	02:55,32	02:58,19	03:03,26	03:12,81	200 m Brasse	02:43,00	02:47,05	02:49,42	02:52,29	02:57,36	03:06,91
50 m Papillon	00:28,75	00:29,44	00:29,84	00:30,33	00:31,19	00:34,40	50 m Papillon	00:28,05	00:28,74	00:29,14	00:29,63	00:30,49	00:33,70
100 m Papillon	01:05,84	01:07,42	01:08,34	01:09,46	01:11,44	01:18,91	100 m Papillon	01:04,44	01:06,02	01:06,94	01:08,06	01:10,04	01:17,51
200 m Papillon	02:31,50	02:35,14	02:37,26	02:39,83	02:44,38	02:59,09	200 m Papillon	02:28,20	02:31,84	02:33,96	02:36,53	02:41,08	02:55,79
200 m 4 Nages	02:30,20	02:33,80	02:35,91	02:38,46	02:42,97	02:47,85	200 m 4 Nages	02:26,10	02:29,70	02:31,81	02:34,36	02:38,87	02:43,75
400 m 4 Nages	05:19,65	05:27,32	05:31,80	05:37,23	05:46,82	06:03,22	400 m 4 Nages	05:10,65	05:18,32	05:22,80	05:28,23	05:37,82	05:54,22

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